Arizona Medical Board Pre-Approved Category 1 CME

Medical Ethics and Professional Boundaries

Organization / Location	CME Hours	Course Name / Description	Cost
Case Western Reserve University/ Intensive Series of Courses Cleveland, Ohio (800) 274-8263 http://casemed.case.edu/cme/activities/intensive_series.cfm	17	Medical Ethics, Boundaries and Professionalism (ME-22) An intensive 22-hour CME based training for physicians and other health professionals. Approved by the California Medical Board and acceptable to most other boards. We start with the premise that everyone has a "violation potential." During this course you will explore your own risk factors, vulnerabilities, accountability and resistance to face your violation potential. Only in this way can you better protect yourself and others. You will develop a personal ethics protection plan.	\$1875
PBI Education Locations in major cities nationwide 904-800-1237 https://professionalboundaries.com/	24-46	Professional Boundaries and Ethics Intensive and rigorous, this interactive 3-day course helps participants confront and examine the features of their practices and lives that caused them to go astray: the how, the when, and the why. Participants discuss the professional ethical expectations and obligations they violated. Each participant creates a Personalized Protection Plan they can abide by and update over time to avoid recidivism. Most suitable for sexual boundary violations, dual relationships, practicing outside scope, inappropriate prescribing, addictions, and disruptive behavior. Optional pre-course and post-course components expand this program up to 46 CE credits. NOTE: Optional longitudinal follow-up component available	\$2,250
PBI Education Locations in major cities nationwide 904-800-1237 https://professionalboundaries.com/	22		\$1875

		NOTE: Optional longitudinal follow-up component available	
PBI Education Locations in major cities nationwide 904-800-1237 https://professionalboundaries.com/	15	Medical Ethics and Professionalism This in-depth, interactive 1-day course is preceded by readings and written assignments. In the seminar, these materials are discussed and contribute to participant examinations of their infractions in the context of state statutes, regulations, and professional expectations. Other content covers moral authority, ethical decision-making, and harms caused by professionals' offenses. Each participant creates a Personalized Protection Plan they can abide by and update over time to avoid recidivism.	\$1295
		This course is suitable for remediation of relatively minor infractions as well as education for professionals returning to practice. NOTE: Optional longitudinal follow-up component available	
Vanderbilt University Medical Center Nashville, Tennessee 615.322.4030 http://www.mc.vanderbilt.edu/root/vumc.php?site=cph&doc=36613	23.25	Maintaining Proper Boundaries Maintaining Proper Boundaries emphasizes understanding of general and sexual boundary issues. Typical boundary violations include inappropriate comments or jokes, sexual relationship with patients and inappropriate business relationships with patients. This is not a course for physicians with an active sexual addiction.	\$2500

Medical Recordkeeping - Documentation

Organization/Location	CME Hours	Course Name	Cost
University of California PACE Program San Diego, California (619) 543-6770 http://www.paceprogram.ucsd.edu/record.aspx	17	Medical Record Keeping Course An intensive two-day CPD/CME program designed to help the physician improve charting behavior and documentation in the medical record. This program uses hands-on, interactive, personalized and didactic instruction.	\$1575
Case Western Reserve University/ Intensive Series of Courses (216) 983-1239 and (800) 274-8263 http://casemed.case.edu/cme/activities/intensive_series.cfm	15.25	Intensive Course in Medical Documentation: Clinical. Legal. and Economic Implications for Healthcare Providers Medical education notoriously gives inadequate attention to teaching physicians how to properly document the patient encounter. Current challenges in maintaining accurate and complete patient records include the conversion to electronic medical records, ever-changing regulatory and billing guidelines, and legal constraints. This course aims to give providers the knowledge base and skills to generate compliant, risk-reducing, and reimbursable documentation.	\$1200
PBI Education Locations in major cities nationwide 904-800-1237 https://professionalboundaries.com/	17-30	PBI Medical Record Keeping Course This intensive 2-day course is designed for clinicians who have the need or desire to improve their record keeping. Topics covered include legal and clinical rationale for documentation standards, electronic communication with patients, confidentiality, informed consent, patient education, special issues regarding the treatment of chronic pain, coding and billing, and the release of records. Prior to the course, participants critique a set of provided records that are then discussed in the seminar. This course is particularly effective for clinicians who have been found deficient in medical documentation either by employers or regulators. NOTE: Optional longitudinal follow-up component available	\$1,350

Physician-Patient Communication Courses

Organization / Location	CME Hours	Course Name / Description	Cost
Bayer Institute for Health Care Communication Sea Isle City, New Jersey 609-263-0262 http://www.hccconsultants.org/index.php	3-6	Clinician-Patient Communication Program HCC Consultants deliver fast paced and interactive workshops for small groups of physicians in 3-6 hour sessions. Pragmatic exercises, group participation, role-play activity, review and critique of videotapes of patient-clinician interaction.	
Case Western Reserve University/ Intensive Series of Courses Cleveland, Ohio (800) 274-8263 http://casemed.case.edu/cme/index.cfm	21	Intensive Course in Physician Communication For physicians who need to pursue further training in: Communication with colleagues and staff, communication about patients with colleagues and staff, communication about health and disease with greater community.	\$900
University of California - PACE Program San Diego, California (619) 543-6770 http://www.paceprogram.ucsd.edu/patientcom.aspx	8	Physician-Patient Communication Improved diagnostic accuracy, greater involvement of the patient in decision making and increased likelihood of adherence to therapeutic regimens are all outcomes of using effective communication strategies. Full day workshop for groups with 6-30 participants.	\$500
University of California - PACE Program San Diego, California (619) 543-6770 http://www.paceprogram.ucsd.edu/anger.html	30.5	Anger Management Program is conducted in groups of 6-10 participants. Participants will learn the importance of anger management and good communication as essential aspects of health care. Will better understand effective communication skills that lead to desired interpersonal outcomes. Will practice behavioral and cognitive strategies to manage stress and anger. Will be taught behavioral change through the use of lecture discussions, observation, and role-playing.	\$2,800
Vanderbilt Nashville, Tennessee 615-936-0678 William.swiggart@vanderbilt.edu http://www.mc.vanderbilt.edu/root/vumc.php?site=cph&d oc=8553	48.5	Program for Distressed Physicians Course addresses the specific needs of physicians whose workplace behavior has become problematic. Combines didactic presentations, role-play w/focused feedback, group feedback from peers and colleagues, with review of workplace/family complaints. Solutions are reinforced by role-play, feedback, testing and group accountability.	\$4,500

Prescribing Controlled Substances

Organization / Location	CME Hours	Course Name / Description	Cost
Case Western University/ Intensive Series of Courses Controlled Substance Prescribing Continuing Medical Education Program Cleveland, Ohio (216) 983-1239 or (800) 274-8263 http://casemed.case.edu/cme/activities/intensive_series.cfm	31.5	Intense Course in Controlled Substance Management The Intensive Course in Controlled Substance Management is designed for physicians in all specialties who need or wish to increase their knowledge and ability to effectively prescribe controlled medications that have abuse potential. In addition, the course is designed for physicians who treat chronic pain syndromes.	\$1200
Vanderbilt University Medical Center Medical Nashville, Tennessee (615) 936-0676 http://www.mc.vanderbilt.edu/root/vumc.php?site=cph&doc=36613	21.75	Prescribing Controlled Drugs Course For those attending the Prescribing Controlled Drugs Course, typical problem behaviors have included the inappropriate dispensing of medications from physician's offices, prescribing large amounts of narcotics at too frequent intervals, or prescribing to family members, friends, or people with known histories of substance abuse. Oftentimes, the records of the physicians' prescribing practices are poorly documented or non-existent	\$2500
University of California PACE Program San Diego, California (619) 543-6770 Online Brochure: http://www.paceprogram.ucsd.edu/prescribing.aspx	27	Physician Prescribing Course The Physician Prescribing Course is a two and one-half day small group CME program designed to improve the participant's prescribing behavior by providing education on the legal, biomedical and clinical aspects of prescribing drugs, especially controlled drugs.	\$1,800
PBI Education Locations in major cities nationwide 904-800-1237 https://professionalboundaries.com/	21-33	PBI Prescribing Course: Opioids, Pain Management, and Addiction This intensive 2-day course is designed for prescribers who have the need or desire to improve their prescribing practices to meet standards, laws, and regulations specific to their state requirements. The course emphasizes adequate pain management best practices that minimize abuse potential; compliance with documentation requirements for controlled substances; the difference between physical dependence and addiction; how to properly assess a patient's risk for addiction; the importance of getting to know your patient in order to exercise sound professional judgment; and the truth about the opioid epidemic. Each participant creates a Personalized Protection Plan they can	\$1,895

abide by and update over time to maintain best prescribing practices. NOTE: Optional longitudinal follow-up component available	

Billing and Coding

Organization/Location	CME Hours	Course Name	Cost
National Procedures Institute	11.75	Medical Coding/Billing Training Seminar	\$775
Orlando, Florida		This CME medical conference will help you become familiar with	
(800) 462-2492		all aspects of effective coding and billing. Ample time will be	
http://www.npinstitute.com/request_mail.asp		designated to discuss, review and perform coding and billing	
		scenarios	

Distressed Physicians Courses

Organization / Location	CME Hours	Course Name / Description	Cost
Case Western Reserve University/Intensive Series of Courses Cleveland, Ohio (216) 844-5050 (800) 274-8263 http://casemed.case.edu/cme/	18 + 4 post	Intensive Course in Managing Conflict in Medical Practice 2-day course that relies heavily on self-assessment, lecture, and case discussions, video review and skill practice with standardized patients/standardized colleagues. Focuses on the core principles of identification of "hot button" scenarios and situations/development of strategies to handle those situations/active practicing those strategies to internalize the new knowledge attitudes and skills. Note: post credits are for 3 and 6 month follow-up assessments.	\$900
University of South Florida Tampa, FL 33613 (813) 396-9217 http://cme.hsc.usf.edu/ 3 day CME with 3 Follow-up Sessions = 40 hours	22.75 18 for 3 follow-up days	Distressed Physician Program Teaches physicians new skills in recognition and expression of emotions that lead to disruptive behavior. Typical behaviors include: throwing charts, shouting, making demeaning comments to staff or co-workers, and uncontrollable anger which causes an atmosphere of conflict and distress for colleagues and staff.	\$4,000
Vanderbilt University Medical Center Medical Nashville, Tennessee (615) 936-0678 http://www.mc.vanderbilt.edu/root/vumc.php?site=cph&d oc=16001	48	Distressed Physician Program Teaches physicians new skills in recognition and expression of emotions that lead to disruptive behavior. Typical behaviors include: throwing charts, shouting, making demeaning comments to staff or co-workers, and uncontrollable anger which causes an atmosphere of conflict and distress for colleagues and staff.	\$4,000

Practice Monitoring Programs

The Center Personalized Education for Physicians ("CPEP) 720 S. Colorado Blvd., Suite 1100-N Denver, CO 80246 303-577-3232 https://www.cpepdoc.org/practice-monitoring-program/	N/A	Practice Monitoring Program Provides on-going monitoring for clinicians under sanction by state licensing boards. The program is designed to meet the specific requirements of the individual's Board action and can include regular chart reviews and site visits by qualified consultants. Duration varies based on stipulation from 12 months to 5 years.	\$2,000- \$3,000 *Fee per chart review- varies
University of California - PACE Program San Diego, California (619) 543-6770 http://www.paceprogram.ucsd.edu/PEP/PEP.aspx	N/A	Physician Enhancement Program ("PEP") The Physician Enhancement Program (PEP) is an on-site, in- practice mentoring program designed to assist the practicing physician in attaining the highest standards of professional growth and clinical excellence. It provides longitudinal assessment, education, and practice-based improvement to participating physicians. Includes on-site visit, personal and practice development plan, monthly chart audit, monthly phone call, monthly and quarterly reports and PULSE survey. The program is a minimum of one year.	Call for pricing
LifeGuard Program Harrisburg, PA (717) 909-2590 info@LifeGuardProgram.com	N/A	Practice Monitoring Practice monitoring provides state medical boards with comprehensive, high quality practice monitoring for physicians. The main areas of focus for our practice monitoring program include controlled substance and opioid prescribing and adherence to quality of care standards. Highly qualified practice monitoring teams provide objective oversight and assessment of a physician's practice. Key components include: a comprehensive evaluation of current clinical and medical record documentation practices, detailed recommendations for improvements and on-going monitoring to ensure successful implementation of recommended changes or adherence to quality of care standards. Each member of the monitoring team is carefully selected to ensure alignment of their expertise with the needs of the physician being monitored including specialty type	Call for pricing